



## Small Group Personal Training for Women Registration Form

Name \_\_\_\_\_ Date \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Email \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Referred by \_\_\_\_\_

Current Fitness Level (circle one) Beginner Regular Exerciser Competitive Athlete

Fitness Goals \_\_\_\_\_

### Scheduled Group Sessions

Please indicate classes you will be attending.

Monday	9:00 to 10:00am	10:15 to 11:15am
Tuesday	9:00 to 10:00am	10:15 to 11:15am
Wednesday	9:00 to 10:00am	10:15 to 11:15am
Thursday	9:00 to 10:00am	10:15 to 11:15am
Saturday	9:00 to 10:00am	10:15 to 11:15am

Individual session- \$20 12 session package- \$215 24 session package- \$360  
Maximum 6:1 client-to-trainer ratio

Please contact SuperKick for further details at 770.209.9229/raustin@superkick.com

INJURY/LOSS DISCLAIMER-PLEASE READ CAREFULLY: SuperKick urges all athletes to obtain a physical exam before using any exercise equipment and/or participating in any program. Before starting your first session, all athletes must read and complete a Release of Liability form. As stated in that agreement, you agree for yourself and on behalf of heirs, personal representatives and next of kin, hereby release and hold harmless SuperKick (local franchisee and the franchisor), with respect to any and all injury, disability, death, or loss or damage to person or property, whether arising from negligence or otherwise.

4825 S. Old Peachtree Rd. Norcross, GA 30071  
[www.superkick.com/norcross](http://www.superkick.com/norcross)